FOUR (4) – TWO HOUR SESSIONS
MEETS SATURDAY MORNINGS

EACH SESSION CONSISTS OF:
DYNAMIC WARM-UP;
STRENGTH & CONDITIONING;
HIGH INTENSITY BASKETBALL SKILLS TRAINING;
STATIC BODY COOL DOWN

CAMP STARTS AT 8:30 EACH SATURDAY
COST – $80 (MEMBER DISCOUNT'S APPLY)

FOR MORE INFO PLEASE CALL/TEXT 817-602-2243
www.nextlevelibt.com